

# Gardener's Restaurant

## GLUTEN FREE MENU

**Pennells**  
GARDEN CENTRES  
ESTABLISHED IN 1780

### Early Birds

AVAILABLE  
UNTIL  
11:30AM

ENJOY A GREAT START TO THE DAY WITH ONE OF OUR GREAT VALUE BREAKFASTS

**Gluten Gardeners Free Breakfast £10.99**  
2 Gluten free sausages, 2 rashers of bacon, free range egg, baked beans, tomato, a slice of gluten free toast & a pot of tea for one or a regular filter coffee  
DRINK UPGRADE £1.50

**Gluten Free Pennells Breakfast £11.99**  
2 Gluten free sausages, 2 rashers of bacon, free range egg, baked beans, tomato, hash brown, mushrooms, a slice of gluten free toast & a pot of tea for one or a regular filter coffee  
DRINK UPGRADE £1.50

**Baked Beans on Toast vG £4.99**  
Served on gluten free bread

**Eggs on Toast v £6.49**  
Scrambled, poached or fried eggs served on gluten free bread

**Two Slices of Toast v/vG £3.20**  
Gluten free bread with butter & jam or marmalade

**Breakfast Bap £6.49**  
3 Sausages, Bacon or Egg in gluten free bread or Mix & Match with all 3 options!

**Gluten Free Teacake (served all day) v £3.20**  
Toasted gluten free teacake served with butter

Extra breakfast items  
**£1.50**

### Gardener's Perennials Snacks

SERVED ON GLUTEN FREE BREAD WITH A SALAD GARNISH AND A POT OF CHIPS

**Toasted Sandwiches £9.99**  
Cheddar cheese with either:  
Honey Roast Ham  
Sweet Chilli Chicken  
Caramelised Onion Chutney v  
Tuna in Mayonnaise

**Paninis £10.99**  
Bacon, Brie & Cranberry Sauce  
Honey Roast Ham & Cheddar Cheese  
Tuna Mayonnaise & Cheddar Cheese

AVAILABLE 11:30AM-3:30PM

### From the Allotment

**Oven Baked Jacket Potatoes £9.99**  
Served with a salad garnish  
Baked Beans v  
Homemade Coleslaw v  
Cheddar Cheese v  
Tuna in Mayonnaise £10.99  
Prawns in Marie Rose sauce  
Beef Chilli

**Omelette v £10.99**  
Choose from Ham, Mature cheddar cheese, red onion, tomato or mushroom served with a salad garnish & chips  
Extra toppings £1.50 each

**Gardeners Omelette £12.99**  
Can't choose what to have?  
Why not have a bit of everything!  
VEGETARIAN OPTION AVAILABLE

**Honey Roast Ham £13.99**  
Sliced honey roast ham, 2 free range eggs & chips

**Thai Fish-cakes £12.99**  
Served with a salad garnish, coleslaw & a sweet chilli dip

**Sweet Potato Casserole vG £12.99**  
served with jacket potato or chips

AVAILABLE 12:00PM-2:30PM

**Deli Sandwiches £8.99**  
Served on gluten free bread with chips  
BLT (Bacon, Lettuce & Tomato)  
Ham Salad  
Prawn Marie Rose Sauce & Gem Lettuce  
Tuna in Mayonnaise & Cucumber  
Egg Mayonnaise, cress, rocket leaves & sliced tomato v

**Homemade Soup £6.99**  
Served with a slice of gluten free bread

**Beef Burger £13.99**  
Prime beef patty served in a gluten free brioche bun with lettuce & tomato  
Add cheese for 50p

**Bacon Cheeseburger £14.99**  
Prime beef patty served in a gluten free brioche bun with cheddar cheese, a rasher of bacon, lettuce & tomato

**Vegan Burger £13.99**  
Vegan premium burger served in a gluten free brioche bun with lettuce & tomato

ALL SERVED WITH A POT OF CHIPS, SALAD GARNISH, COLESLAW AND RELISH

*\*Due to the nature of our hot counter please note that whilst every precaution is taken there maybe a very small risk of cross contamination.*

### Daily Hot Counter Specials\*

Please ask to see what gluten free options we may have available

**£13.99**

Gardeners Restaurant Opening Hours: Monday - Saturday: 9:00AM - 4:45PM Sunday: 10:30AM - 4:15PM

VEGETARIAN OPTIONS - V VEGAN OPTIONS - VG